

The City of Port Adelaide Enfield

# Programs & Activities

## Guide 2024



CITY OF  
Port Adelaide Enfield

# Programs & Activities

## Guide 2024

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*Programs and activities are open to the public to participate in, within the City of PAE.*

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**Disclaimer:** The City of PAE has relied on information provided for the purposes of compiling this program. Information is correct at the time of publishing but is subject to change. We recommend you contact the group organiser before attending an activity.





# Our Facilities



|    |  |  |  |
|----|--|--|--|
| 1  | Enfield Community Centre                           | 540 Regency Rd, Enfield                      | 8405 6556  |
| 2  | Kilburn Community Centre                           | 59 Gladstone Ave, Kilburn                    | 8405 6730  |
| 3  | Lefevre Community Stadium                          | Cnr Victoria Rd & Marmora Tce, Osborne       | 8405 6908  |
| 4  | The Lights Community & Sports Centre (Lights C&SC) | Cnr East Parkway and Hampstead Rd, Lightsvue | 8405 6670  |
| 5  | Taperoo Community Centre                           | 14 – 20 Yongala St, Taperoo                  | 8248 2122  |
| 6  | Wandana Community Centre                           | 14 Blacks Rd, Gilles Plains                  | 8215 6330  |
| 7  | North East Community House (NECH)                  | 27 – 31 Queensborough Ave, Hillcrest         | 8369 0329  |
| 8  | The Junction Community Centre                      | 2A May Tce, Ottoway                          | 8341 1334  |
| 9  | Enfield Library                                    | 1 Kensington Cr, Enfield                     | 8405 6530  |
| 10 | Greenacres Library                                 | 2 Fosters Rd, Greenacres                     | 8405 6540  |
| 11 | Parks Library                                      | 46 Trafford St, Angle Park                   | 8405 6550  |
| 12 | Port Adelaide Library                              | 2 – 4 Church St, Port Adelaide               | 8405 6580  |
| 13 | Semaphore Library                                  | 14 Semaphore Rd, Semaphore                   | 8405 6570  |
| 14 | Beefacres Hall                                     | Pitwater Dr, Windsor Gardens                 | Please call<br>8405 6600 for<br>information on<br>halls or<br>the number<br>supplied in<br>the listing |
| 15 | Devon Park Hall                                    | 7 Cavendish St, Devon Park                   |  |
| 16 | George Crawford Hall                               | Lothian Ave, Windsor Gardens                 |  |
| 17 | Kilburn Hall                                       | 49 LeHunte St, Kilburn                       |  |
| 18 | Klemzig Hall                                       | 242 North East Rd, Klemzig                   |  |
| 19 | Osborne Hall                                       | 539 Victoria Rd, Osborne                     |  |
| 20 | Ottoway Hall                                       | Cnr Jenkins St & Grand Junction Rd, Ottoway  |  |
| 21 | Queenstown Hall                                    | 67 Spring St, Queenstown                     |  |





## Art & Craft

| Program                           | Description  | When   | Where                      | Cost   | Contact  |
|-----------------------------------|--|--|----------------------------|--|--|
| Art Classes                       | Learn new skills and meet new people. Bring along your own project to work on or share your skills and learn from others.  | Mondays<br>10am – 12pm   | Enfield CC                 | \$3  | Liz<br>8405 6556                                 |
| Art Group                         | Join painters of all abilities and be inspired by each other. BYO paint, brushes and canvas.   | Fridays<br>10am – 1pm<br>(Except the last week of the month)                           | The Junction CC Inc        | \$5  | 8341 1334  |
| Beading FUNdamentals              | Would you like to learn the art of beadwork and craft your own unique beaded creations? Join us to learn the basics in a fun and relaxed environment. Suitable for all skill levels and supplies provided. | Mondays<br>1pm – 2.30pm<br>During school term<br>No bookings required                  | Parks Library Makerspace   | Free   | 8405 6550<br>makerspace@cityofpae.sa.gov.au      |
| Cackle n Craft                    | Evening craft group supported by the Rotary Club of Largs Bay. Learn new skills, and meet new people. Bring along your own project to work on or share your skills and help others.                        | Thursdays<br>6.30pm for 7pm start until 8.30pm<br>(Except first Thursday of the month) | Osborne House              | Free   | 0417 202 066                                     |
| Cake Decorators Association of SA | Cake decorating.   | 1st Wednesday of the month<br>7pm – 9.30pm   | Enfield CC                 | \$5 per meeting, includes supper               | 0438 803 168                                     |
| Card Making                       | Learn how to make your own beautiful, personalised cards.  | Mondays<br>12.30pm – 3pm   | Enfield CC                 | \$3 plus small extra cost for card making kits | Liz<br>8405 6556                                 |
| Chicago Quilters                  | Learn a range of quilting techniques.  | Alternative Wednesdays & Saturdays<br>10am – 2pm                                       | Kilburn CC                 | \$3  | Helen<br>0410 037 577<br>or Judy<br>0437 211 267 |
| Craft & Chat                      | Bring your craft project.  | Thursdays<br>9.15am – 12pm   | Wandana CC                 | \$2  | 8215 6330  |
| Create & Talk                     | Are you interested in creative art or craft activities?  | Once a month.<br>Contact on number provided for more information.                      | Parks Library              | Free   | Stephanie<br>0403 929 592                        |
| Creative Craft                    | BYO project or be inspired.  | Fridays<br>10am – 2pm  | Kilburn CC                 | \$5  | Sandie<br>0400 390 165                           |
| Creative Crafts                   | Come together with a group of friendly people to create fun craft items.   | Wednesdays<br>1pm – 2.30pm   | Taperoo Community Centre   | \$5  | 8248 2122  |
| Creative Hands                    | Craft group.   | Thursdays<br>12.30pm – 4pm   | North East Community House | \$3  | 8369 0329<br>nenh@tpg.com.au                     |



## Art & Craft

| Program                         | Description  | When   | Where           | Cost | Contact                                     |
|---------------------------------|--|--|-----------------|------|---|
| Greeting Cards                  | Create your own cards, for people who have basic skills already.   | Tuesdays<br>1pm – 3pm<br>Saturdays<br>1:30pm – 5pm                               | Kilburn CC      | \$2  | Caryl<br>0413 421 004                       |
| Happy to paint @ Lefevre        | Explore the delights of water colour painting.   | Mondays<br>10.30am – 12.30pm   | Lefevre CS      | Free | Jan<br>8405 6010                            |
| Introduction to Sewing Machines | Learn the basics of the Brother sewing machines available in the Makerspace, along with some basics of machine sewing. Bookings required.  | 4th Sunday of the month<br>12pm – 1pm<br>1st Tuesday of the month<br>10am – 12pm | Parks Library   | Free | 8405 6550<br>makerspace@cityofpae.sa.gov.au |
| Knit & Natter Group             | Do you love to knit, crochet or sew? Would like to help those in need? Join us in making items to be donated to charities and community groups in South Australia that support people and animals in need. | Thursdays<br>Once a month<br>10am – 12pm   | Enfield Library | Free | Kay<br>0421 951 665                         |





## Art & Craft

| Program                        | Description  | When   | Where                      | Cost               | Contact                                     |
|--------------------------------|--|--|----------------------------|--------------------|---|
| Knitting & More                | Bring your current knitting, sewing and crochet projects, or just come along to chat and do some mindful colouring-in. We teach knitting too.                            | Tuesdays<br>10am – 12pm                                    | Kilburn CC                 | Free               | 8405 6730                                   |
| Nimble Fingers                 | Knitting and crochet.  | Wednesdays<br>12pm – 3pm                                   | North East Community House | \$3                | 8369 0329<br>nenh@tpg.com.au                |
| Paint & Chat                   | Come and explore the wonderful world of watercolour. Supplies provided. No bookings needed.  | Most Fridays<br>10am – 12pm<br>Contact for dates and times | Parks Library              | Free               | 8405 6550<br>makerspace@cityofpae.sa.gov.au |
| Painting for Fun & Enjoyment   | Practice and enjoy painting in a friendly and helpful environment. All materials are provided.   | Mondays<br>10am – 12pm<br>1pm – 3pm                        | Taperoo Community Centre   | \$5                | 8248 2122                                   |
| Patchwork Quilting for Charity | A social group with experienced quilters coming together to make quilts for charity.   | Mondays<br>9am – 12pm<br>During school terms               | Wandana CC                 | \$2                | 8215 6330                                   |
| Sewing                         | Learn to use a sewing machine/overlocker to make clothing or do your own mending. Material/haberdashery provided.  | Thursdays<br>10am – 12pm                                   | The Junction CC Inc        | \$5                | 8341 1334                                   |
| Sewing Advisory                | Got a sewing project in mind but not quite sure how to make it reality? Then we can help you out! Bookings required. Prior experience with sewing machines is essential. | Most Sundays<br>1pm – 4pm<br>Contact for dates and times.  | Parks Library              | Free               | 8405 6550<br>makerspace@cityofpae.sa.gov.au |
| Sewing Circle                  | Work on individual and fun sewing projects with other like-minded enthusiasts.   | Wednesdays<br>10.30am – 2.30pm<br>Fortnightly              | Taperoo Community Centre   | \$5                | 8248 2122                                   |
| Sewing Workshop                | We have 9 sewing machines for you to learn on. Bookings essential.   | Tuesdays,<br>Wednesdays and<br>Thursdays                   | Kilburn CC                 | Free               | 8405 6730                                   |
| The Calligraphy Society of SA  | Learn to write in Calligraphy style. Contact Group direct for more information.  | Last Sunday of each month<br>12.30pm – 4.30pm              | North East Community House | Fees apply<br>POA  | nwalter@internode.on.net                    |
| Warm Hart Quilters             | Come along to make quilts for charity in a friendly social atmosphere.   | Thursdays<br>9.30am – 12pm                                 | Lefevre CS                 | Gold coin donation | Carolyn<br>0412 473 244                     |
| Yarn Bombing                   | Craft group.   | Thursdays<br>12.30pm – 4pm                                 | North East Community House | \$3                | 8369 0329<br>nenh@tpg.com.au                |







## Clubs & Special Interest Groups

| Program   | Description  | When   | Where                      | Cost   | Contact   |
|---|--|--|----------------------------|--|---|
| Australians for Syria SA                                  | Help for new arrivals and other community services and information.                            | 1st Sunday of the month<br>6pm – 10pm                      | Enfield CC Meeting Room 2  | Free   | Mahmud<br>0418 896 539  |
| Bangla Language and Cultural School                       | Teachings of culture and language. Contact group for more information.                         | Saturdays<br>4.30pm – 7.30pm                               | North East Community House | Fees apply<br>POA  | Amal<br>tdey@yahoo.com  |
| Bangladesh Puja Cultural Society of South Australia       | Cultural group.  | Contact group direct for details                           | North East Community House | POA  | pronab.nayon@gmail.com  |
| Board/Card Games Afternoon                                | Spend an afternoon playing a wide range of fun games. Learn new ones and enjoy old favourites. | Thursdays<br>1pm – 2.30pm                                  | Taperoo Community Centre   | Gold coin donation   | 8248 2122   |
| Book Appreciation Group                                   | Enjoy reading and discussing books together to develop reading and comprehension skills.       | Mondays<br>1pm – 2.30pm                                    | Taperoo Community Centre   | Gold coin donation   | 8248 2122   |
| Café Des Amites (Café of Friendship)                      | Enjoy tea, coffee and cake at our warm and friendly café.                                      | Tuesdays<br>10am – 11am<br>Fortnightly starting 6 February | Taperoo Community Centre   | \$4  | 8248 2122   |
| Cake Decorators Association of SA Adelaide Central Branch | An exchange of friendship and cake decorating skills.  | 1st Wednesday of the month<br>7pm – 10pm                   | Enfield CC                 | \$5 per meeting, includes supper. Annual membership \$42. First visit free | Sue<br>0433 170 888   |
| Coffee/Chat Sessions                                      | Have a coffee and sunshine in our alfresco area.   | Wednesdays<br>12pm – 1pm                                   | The Junction CC Inc        | Free   | 8341 1334   |
| Dungeons and Dragons – Adult Group                        | Join us at Port Adelaide Library for Dungeons and Dragons. Bookings required. Adults 18+.      | 3rd Sunday of the month.<br>1pm – 4pm                      | Port Adelaide Library      | \$5  | Port Adelaide Library<br>8405 6580<br>or David<br>david.riley@cityofpae.sa.gov.au |
| Dungeons and Dragons – Youth Group                        | Join us at Port Adelaide Library for Dungeons and Dragons. Bookings required. Ages 10 – 17.    | 1st Sunday of the month<br>1pm – 4pm                       | Port Adelaide Library      | Free   | Port Adelaide Library<br>8405 6580<br>or David<br>david.riley@cityofpae.sa.gov.au |



## Clubs & Special Interest Groups

| Program                           | Description  | When   | Where   | Cost  | Contact                                   |
|-----------------------------------|--|--|---|---|---|
| EH Holdens Club                   | For owners of EJ & EH Holdens.   | 2nd Tuesday of the month<br>7.30pm – 10pm  | Enfield CC                                    | \$35 joining & membership fee                   | Mark<br>0412 164 637                      |
| Enfield Horticultural Society Inc | Friendly gardening club to encourage gardening and floral designs.   | 3rd Tuesday of each month<br>7.30pm  | Klemzig Hall                                  | Annual membership<br>\$15 single<br>\$20 family | Helen<br>0435 241 671<br>or 8251 2299     |
| Families 4 Families               | A peer support network for people and families impacted by acquired brain injury.  | 3rd Wednesday of the month<br>10am – 12pm  | Enfield CC                                    | Gold coin donation                              | Marie<br>0433 388 250                     |
| Ghana Association of SA           | Community cultural group, drumming and dancing. Open to the community.   | 3rd Saturday of the month<br>2pm – 8.30pm and<br>1st Sunday of the month<br>2pm – 8.30pm | Enfield CC                                    | Free  | 0431 716 697                              |
| Hindu Swayam Sevak Sangh          | Cultural teachings.  | Sundays<br>5.30pm – 8pm  | North East Community House                    | POA   | Sanjay<br>sbpatel_79@yahoo.com            |
| Indian Families Group             | Contact group for more information.  | Contact group  | North East Community House                    | Fees apply<br>POA                               | Vipul<br>vipul431@yahoo.co.in             |
| Introduction to Hospitality       | Develop your cooking skills whilst making meals for the homeless/disadvantaged.  | Mondays<br>10am – 1pm  | The Junction CC Inc                           | \$5   | 8341 1334                                 |
| Karaoke                           | Sing as loud as you want in any language you want!   | Wednesdays<br>1pm – 3pm  | The Junction CC Inc                           | \$3   | 8341 1334                                 |
| Lego Club                         | All are invited to drop in and join the fun of playing, challenging, constructing and creating at our monthly Lego Play sessions.  | First Sunday of the month<br>10.30am – 12pm  | Greenacres Library                            | Free  | 8405 6540                                 |
| Liberian Community SA             | Community Cultural Group.  | Every 2nd month, the last Saturday of the month<br>5pm – 9pm                             | Enfield CC                                    | POA   | Talata<br>0413 962 539                    |
| Library Book Clubs                | If you are interested in starting your own Book Club or joining an existing one, please contact on 8405 6580. Feel free to join our casual monthly Book Club at the pub, Beer and Book Club. | Various times  | All library sites and some external locations | Free  | 8405 6580<br>bookclub@cityofpae.sa.gov.au |

## Clubs & Special Interest Groups

| Program   | Description  | When   | Where                      | Cost                                     | Contact  |
|---|--|--|----------------------------|--|--|
| Macedonian Community Club   | Dinner and free activities.  | Sundays<br>5pm – 9pm   | Beefacres Hall             | Free                                     | 0438 143 584                                       |
| Maritime Lodge  | All male group that meet socially for fellowship, fun and to support each other.   | Fortnightly on Friday nights<br>7.30pm – 10.30pm                                 | Queenstown Hall            | Varies<br>POA                            | Peter<br>0448 262 217                              |
| Neighbourhood Watch – Devon Park, Renown, Croydon & Dudley Park areas | Meetings to inform the community and provide awareness of safety, social and community issues.   | Bi-monthly meetings<br>10am – 11.30am<br>(Contact for confirmation of date/time) | Devon Park Hall            | Free                                     | 8346 3507  |
| Neighbourhood Watch – Enfield & Gepps Cross Area 457                  | Neighbourhood Watch provides South Australians with a way to raise awareness about safety and security in their communities. By bringing neighbours and police together we can help solve local issues and create connected communities where crime is less likely to occur. | Call for dates and times   | Enfield CC                 | Free                                     | 0418 561 897<br>geppscrossenfield<br>nhw@gmail.com |
| Neighbourhood Watch – Klemzig   | Accessible public meetings to share relevant community and policing information and interesting speakers.  | Tuesday evenings<br>Quarterly<br>Email for times and dates of meetings           | Klemzig Hall               | Free                                     | klemzignhw@gmail.com                               |
| Neighbourhood Watch SA – Kilburn                                      | We are a community based group working with police to promote safety, security and community involvement.  | Every 2nd month<br>Call for dates and times                                      | Kilburn CC                 | Free                                     | 0417 828 195                                       |
| New Varangian Guard   | Living history group, looking at the lives of people in the 11th century. Re-enactment combat and various crafts.  | Wednesdays<br>7.30pm – 10.30pm   | Beefacres Hall             | Fees apply<br>First visit free           | 0424 969 923                                       |
| North East Budgerigar Society   | Promotes the breeding and showing of budgerigars.  | 2nd Wednesday of each month<br>7pm – 9.30pm                                      | Kilburn Hall               | Annual membership of \$20<br>\$5 juniors | John<br>0488 224 446                               |
| North Eastern Suburbs Justices Group                                  | Information sessions for Justices of the Peace. Contact group direct for information.  | Last Tuesday of the month<br>7:30pm - 9:30pm                                     | North East Community House | Fees apply<br>POA                        | 8369 0329  |
| Northgate and Oakden Residents Association                            | Advocacy and support group of local residents.   | Contact group direct for information   | North East Community House | Free                                     | robvp@aapt.net.au                                  |

## Clubs & Special Interest Groups

| Program                          | Description   | When   | Where                       | Cost  | Contact   |
|----------------------------------|---|--|-----------------------------|---|---|
| Orchid Club of South Australia   | Workshops, trading plants, monthly bulletins and the latest information on orchid culture from highly experienced guest speakers. Beginners welcome.  | 1st Thursday of the month<br>7pm – 10pm<br>2nd Friday of the month<br>1.30pm – 4.30pm      | Enfield CC                  | Single membership<br>\$25<br>Joint/Family membership<br>\$30                                | 0414 522 675  |
| Parents & Carers Group           | Social and support group. Bringing together individuals with shared and lived experiences.  | 1st Tuesday of the month<br>5pm  | Lefevre CS                  | Free  | 8405 6908   |
| Pickleball                       | A great new sport that's a mix of tennis, badminton and table tennis. First session free.   | Tuesdays<br>8.45am – 10.45am<br>Thursdays<br>10am – 12pm                                   | The Lights C&SC             | Fees apply<br>POA   | chairman@pickleballsouthaustralia.org                       |
|                                  |   | Mondays<br>12pm – 2pm<br>Fridays<br>1pm – 3pm  | Lefevre CS                  | Fees apply<br>POA   | membership@pickleballsouthaustralia.org                     |
|                                  |   | Wednesdays<br>6.30pm – 8.30pm  | Lefevre CS                  | \$5 per person  | 8405 6908   |
| Port Adelaide Camera Club        | For photographers of every level of experience providing a friendly atmosphere to learn and develop photography skills.   | 1st and 3rd Tuesday of each month<br>Feb to Nov<br>7.30pm                                  | Osborne Hall                | \$80 per year   | membership@portadelaidecameraclub.com.au                    |
| Port Adelaide Cheer Squad        | Banner making for Port Adelaide Football Club.  | Fridays<br>6pm – 9pm<br>During footy season  | Enfield CC                  | Free  | Ian<br>0439 879 294   |
| Port Adelaide Historical Society | Open to the public.   | Sundays<br>2pm – 4pm   | 95 Fletcher Road, Peterhead | \$5   | 0418 826 343  |
| Probus Club of Enfield           | Fun fellowship and friendship for retired men and women.  | 1st Monday of the month<br>10am – 12pm   | Enfield CC                  | Annual Membership<br>POA  | Jeff<br>0437 291 247  |
| Regency Community Men's Shed Inc | Carpentry workshops for community and personal projects, fitted with a wide range of tools and equipment. Training courses for computer users, talks and presentations on men's health and other lifestyle activities are also available. | Men over 18<br>Mondays to Thursdays<br>9am – 12pm<br>Women over 18<br>Mondays<br>1pm – 4pm | 540 Regency Road, Enfield   | Joining fee of \$20<br>Annual insurance fee of \$26<br>Annual membership of \$24 (pro rata) | Peter<br>0400 115 249<br>regencycommunitymensshed@gmail.com |



## Clubs & Special Interest Groups

| Program                          | Description  | When   | Where                      | Cost                       | Contact  |
|----------------------------------|--|--|----------------------------|----------------------------|--|
| Rooh Punjab Di Adelaide          | Cultural teachings and social time.  | Sundays<br>12pm – 5pm  | North East Community House | Fees apply<br>POA          | Pankaj<br>pankasharma<br>@live.com.au              |
| Rotary Club of Largs Bay Inc     | Learn how you can make a difference in your community through Rotary.  | 1st Thursday of every month<br>6.30pm for 7pm start until 8.30pm | Osborne House              | Annual Membership Fee      | 0417 202 066 or<br>rotarylargsbay@gmail.com        |
| SA Cottage Garden Club Inc       | Friendships in gardens. Seek information on gardening or plants, view a range of specimen flowers on display, purchase plants and enjoy speakers covering a range of topics on gardening and more. | 4th Wednesday on alternate months<br>7.30pm                      | Enfield CC                 | No cost to visitors        | Greg<br>0459 782 630<br>sacottagegrden91@gmail.com |
| SA Titans Arm Wrestling Club     | We meet for training sessions on Sundays. Everyone is welcome to join in.  | Sundays<br>5.45pm – 7.30pm                                       | Kilburn CC                 | POA                        | 0404 989 294<br>www.facebook.com/southausarms      |
| Scrabble Club                    | Enjoy a game of scrabble. All ages.  | Mondays<br>2.30pm – 5pm  | Port Adelaide Library      | Free                       | 8405 6581  |
| Seeds for Change                 | Join others to propagate seedlings to green the local area.  | Saturdays<br>10am – 12pm   | The Junction CC Inc        | Free                       | Call for more info<br>8341 1334                    |
| Share and Care                   | Cultural group from Kerala State, India.   | 1st Saturday of the month<br>6.30pm – 10.30pm                    | North East Community House | Fees apply<br>POA          | Rafeek<br>rafeekmo@gmail.com                       |
| Sikh Services                    | Cultural and spiritual teachings.  | Fridays<br>5pm – 7pm   | North East Community House | Fees apply<br>POA          | bharatsidhu@yahoo.com                              |
| Sound of Elvis Fan Club          | A social group which promotes the memory of Elvis – the man and his music.   | 3rd Wednesday bi-monthly<br>7pm – 9pm                            | Enfield CC                 | Annual membership fee \$25 | Nancy<br>0412 637 019                              |
| South Australian Begonia Society | This group concentrates on propagation, sharing of begonias and teaching the basics of begonia growing.  | 1st Monday of each month<br>7pm – 10pm                           | Klemzig Hall               | \$40 per year              | Val<br>0412 841 029                                |
| Table Top Dungeons & Dragons     | Learners welcome<br>Ages 18+.  | Thursdays<br>12.30pm – 2.30pm                                    | Wandana CC                 | Free                       | 8215 6330  |
| The Cooks Kitchen                | All welcome  | Fortnightly Wednesdays<br>12pm – 2pm                             | Wandana CC                 | \$5                        | 8215 6330  |

## Clubs & Special Interest Groups

| Program                           | Description  | When  | Where           | Cost              | Contact                                |
|-----------------------------------|--|---|-----------------|-------------------|--|
| Ukulele Jam Session               | Bring your ukulele for an informal and fun time – led by Amanda. Beginners welcome.  | Fridays<br>2pm – 4pm                                      | Kilburn CC      | Free              | 8405 6730                              |
| Vietnamese Community in Australia | Providing activities to support seniors in the Vietnamese community.   | 1st, 2nd, 4th and 5th Thursday of the month<br>Lunch time | Klemzig Hall    | POA               | 8447 8821                              |
| Walking Football                  | Walking Football is a small-sided, low-impact, modified version of the game, suitable for all levels of ability and fitness. | Sundays<br>10am – 12pm                                    | The Lights C&SC | Fees apply<br>POA | Jake.Bridley@footballsaustralia.com.au |



## Community Services

| Program                            | Description   | When  | Where                      | Cost     | Contact  |
|------------------------------------|---|---|----------------------------|----------|--|
| Asylum Seeker & Refugee help       | Helping asylum seekers and refugee arrivals to fill out forms.  | Monday to Friday  | Kilburn CC                 | Free     | Denise<br>0429 222 687   |
| Centacare Catholic Family Services | Aboriginal Carers Support Group.  | 1st Tuesday of each month<br>11am – 2pm   | Enfield CC                 | Donation | Danica<br>0402 566 452   |
| Community Garden                   | Our garden has shared plots (not individual allotments) and produce is distributed among its gardeners and community kitchen. | Mondays<br>9am – 12pm<br>During school terms  | Wandana CC                 | Free     | 8251 6330  |
|                                    | New garden space.   | Monday to Friday drop-in  | North East Community House | Free     | nenh@tpg.com.au  |
| Community Lunch                    | Enjoy a yummy home cooked lunch prepared by our community volunteers. Come have a chat and make new friends at the same time. | Thursdays<br>12pm – 1.30pm  | Lefevre CS                 | Free     | vanessa.gastongardner@cityofpae.sa.gov.au  |
| Community Lunches                  | Enjoy a freshly made 2 course meal.   | Last Friday of the month<br>During school terms   | The Junction CC Inc        | \$7      | 8341 1334  |
| Fred's Van                         | A meal supplied by St Vincent De Paul Society volunteers. No need to book.  | Thursdays<br>7pm  | Kilburn CC                 | Free     | 8112 8720  |
| Grow Free Cart                     | Free produce from community garden and locals.  | Mondays, Wednesdays & Fridays<br>9am – 3pm  | North East Community House | Free     | 8369 0329  |
| JP Services                        | Justice of the Peace services available at City of PAE.   | Wednesdays<br>9am – 12pm  | Civic Centre               | Free     | For more information visit<br><a href="http://www.cityofpae.sa.gov.au/community/services/jp-services">www.cityofpae.sa.gov.au/community/services/jp-services</a> |
|                                    |   | Fridays<br>10am – 1pm   | Enfield Library            |          |  |
|                                    |   | Wednesdays<br>9.30am – 12.30pm & 1pm – 4pm<br>Saturdays fortnightly<br>10am – 12pm                                      | Greenacres Library         |          |  |
|                                    |   | Wednesdays<br>1pm – 2pm   | Parks Library              |          |  |
|                                    |   | Tuesdays<br>9.30am – 10.30am<br>Saturdays<br>10am – 11am  | Port Adelaide Library      |          |  |
|                                    |   | Mondays<br>12pm – 1pm<br>Wednesdays<br>11:30 am – 12:30pm<br>Thursdays<br>5.30pm – 6.30pm<br>Sundays<br>2.30pm – 3.30pm | Semaphore Library          |          |  |
|                                    |   |   |                            |          |  |



## Community Services

| Program                          | Description   | When  | Where                  | Cost     | Contact   |
|----------------------------------|---|---|------------------------|----------|---|
| Low Cost Pop Up Supermarket      | The Food Centre Pop Up Supermarket offers low cost grocery items, including some free produce. Please bring your own shopping bags. EFTPOS available.               | Wednesdays<br>Fortnightly<br>10.30am – 12.30pm                    | Wandana CC             | POA      | 8215 6330                                       |
|                                  | Buy low cost food and essentials. Halal meat, fresh fruit and vegetables, cleaning, and daily essentials including free bread. Please bring your own shopping bags. | Wednesdays<br>Fortnightly<br>11am – 1pm.<br>Contact us for dates. | Parks Library          | Low cost | 8405 6550                                       |
| Pop-Up Coffee Van Carpark Market | Random Acts of Coffee Pop-Up Coffee Van has barista coffee, free bread, kids' activities and good conversation.   | Saturdays<br>10am – 12pm  | The Junction<br>CC Inc | Free     | Vicki<br>0431 778 548                           |
| Tax Assistance                   | Free tax assistance.  | Offered during tax time.  | Enfield CC             | Free     | 8405 6556                                       |
| Welcoming Community Dinners      | Connect with other people. Bring a plate of food to share<br><br>Bookings required.   | 2nd Wednesday of the month<br>6.30pm – 8.30pm                     | Kilburn CC             |          | events.humanitix.com/welcoming-community-dinner |



## Dance

| Program                            | Description  | When   | Where                | Cost                           | Contact   |
|------------------------------------|--|--|----------------------|--------------------------------|---|
| Adelaide Bachata Academy           | Latin Dancing (Bachata) for all adults.  | Mondays<br>6pm – 7.30pm  | Klemzig Hall         | POA                            | Alice & Thien<br>0422 734 790                           |
| Adelaide Outlaws Square Dance Club | Advanced level square dancing.   | Wednesdays<br>7pm – 10.30pm<br>(Excl. 2nd Wed of the month)<br>Beginners classes available in West Croydon. Call for more information. | Kilburn Hall         | POA                            | Graham<br>0403 929 044<br>graham<br>adelaideoutlaws.com |
| Advanced Belly Dancing             | Technique and practice. Shimmer and shake.   | Mondays<br>10am – 11:30am  | The Junction CC Inc  | \$5                            | Sharon<br>0419 126 942                                  |
| Allegro Rhythmic Gymnastics        | We offer Rhythmic Gymnastics training for girls aged 3 years+<br>Our program accommodates recreational gymnastics as well as training elite, competitive gymnasts. | Mondays<br>4pm – 7.30pm<br>Tuesdays<br>5pm – 8pm<br>Thursdays<br>5pm – 8.30pm<br>Fridays<br>4pm – 8pm<br>Saturdays<br>8.30am – 12.30pm | Lefevre CS           | POA                            | Romana<br>0413 791 001                                  |
| Ballroom Dancing for Beginners     | Learn the basic steps. Cancelled if 35 degrees or more.  | Fridays<br>1.30pm – 3.30pm   | Kilburn CC           | Free                           | Rhonda and Kevin<br>0418 845 572                        |
| Century Dance Seniors Group        | Learn to dance ballroom style for beginners.   | Thursdays<br>1pm – 4pm   | George Crawford Hall | POA                            | Erica<br>0410 622 518                                   |
| Line Dancers of South Australia    | Fun dance exercise set to a variety of music in a social environment.  | Monday<br>10am – 12pm<br>for beginners   | George Crawford Hall | \$15 per session               | Peter<br>0407 970 418                                   |
| Line Dancers of South Australia    | Fun dance exercise set to a variety of music in a social environment.  | Thursday<br>9.30am – 11am<br>Some experience assumed   | Lefevre CS           | \$12 per session               | Peter<br>0407 970 418                                   |
| Live Music & Dance                 | Music from the 50s, 60s & 70s.<br>Tea, coffee and biscuits \$1.<br>BYO food – no alcohol.<br>No need to book.  | 1st & 3rd Saturday of the month<br>7:30pm – 11pm   | Kilburn CC           | \$5<br>(Goes directly to band) | Jenny<br>0414 788 546                                   |
| Move to the Beat Children's Dance  | Kid friendly routines and music kids love! Qualified instructor.<br>Ages 5 – 13.   | Monday<br>4.30pm – 5.30pm<br>during school terms   | Wandana CC           | Free                           | 8215 6330   |

## Dance

| Program                                   | Description  | When  | Where                | Cost   | Contact   |
|---|--|---|----------------------|--|---|
| Mudra Dance Academy                       | Bollywood and Indian Dance Classes.  | Saturdays<br>12pm – 3.30pm  | The Lights C&SC      | Fees apply<br>POA                                  | 0468 754 776  |
| Mudra Dance Academy                       | Bollywood and Indian Dance Classes.  | Wednesdays<br>7pm – 8pm   | Enfield CC           | Fees apply<br>POA                                  | 0468 754 776  |
| Osborne Over 50s Club – New Vogue Dancing | Social dance. Good music and good friends. Includes free raffle ticket and afternoon tea or coffee.  | Tuesdays<br>1pm – 3.30pm  | Osborne Hall         | \$2  | David<br>8248 0076<br>or 0422 909 219                                     |
| Retire Active, SA Tapliners               | Seniors tap dancing troupe. Costumes are supplied on loan to people that would like to join in with our performance once they learn the routines. We are always on the lookout for people for the Variety side of the group, being Comedians, Mime, Singers, Ballroom Dancers, able to play musical instruments, portable key board, we are open to whatever people may be able to perform. There is no cost involved in being in the Variety side of the group. | Wednesdays<br>11.30am – 3pm<br>Beginners class<br>Mondays<br>1pm – 2.30pm | Enfield CC           | \$50 per school term<br>or \$5 per week            | 0429 003 691  |
| Rooh Punjab Dee Bhangara Academy Adelaide | Bhangara dance classes.  | Sundays<br>12pm – 3pm   | The Lights C&SC      |  | rpadelade@<br>gmail.com   |
| Temple of Fine Arts                       | School of Indian classical dancing for kids and adults.  | Saturdays<br>9am – 2pm  | Kilburn Hall         | \$20 per class (1hr)<br>Family discounts available | Vithya<br>0426 966 770<br>tfaadelaide.com                                 |
| Windsor Calisthenics Club                 | Love to dance and perform? Join our fun and friendly club. All ages welcome.   | Please contact us or visit our website to find out more.                  | George Crawford Hall | POA  | windsor.calisthenics<br>.club@gmail.com<br>windsorcalisthenics<br>.com.au |
| Zumba                                     | A total workout including cardio, muscle conditioning, balance and flexibility.  | Mondays and<br>Thursdays<br>7pm – 8pm                                     | The Junction CC Inc  | \$8  | Roger<br>0433 655 639   |
| Zumba for all                             | Dance, exercise and have fun.  | Saturdays<br>10am – 11am  | The Junction CC Inc  | \$5  | 8341 1334   |
| Zumba for Kids                            | Fun dance group for kids. Aged 5 – 12.   | Mondays<br>4pm – 5pm  | Lefevre CS           | \$7  | 8405 6908   |
| Zumba for Women                           | Dance, exercise, sweat and have fun.   | Thursdays<br>12pm – 1pm   | The Junction CC Inc  | \$5  | 8341 1334   |

## Disability Programs

| Program                      | Description   | When  | Where                      | Cost                                | Contact                      |
|------------------------------|---|---|----------------------------|-------------------------------------|------------------------------|
| All Inclusive Sports Club    | A social program for families where you can play a variety of sports suitable for people of all ages and disabilities.<br>All welcome.  | Wednesdays<br>4pm – 5pm   | The Lights C&SC            | \$15 per family                     | 8405 6670                    |
| Community Bridging Services  | Recreational activities for adults with disabilities.   | Mondays<br>11.45am – 12.30pm<br>Wednesdays<br>9am – 12pm<br>&<br>1pm – 4pm<br>Fridays<br>9am – 12pm | NECH                       | As per NDIS price guide             | Paola<br>8201 4322           |
|                              |   | Tuesdays<br>12.30pm – 2.30pm  | Kilburn Hall               |                                     | Lynn<br>8201 4322            |
|                              |   | Tuesdays<br>10.30am – 1.30pm<br>Wednesdays<br>9.30am – 4pm<br>Thursdays<br>10.30am – 2pm            | Enfield CC                 |                                     | 0434 028 290                 |
| Friday Fun at Lefevre        | Social group for adults with an intellectual disability living in our community.  | Fridays   | Lefevre CS                 | POA                                 | 8405 6804                    |
| Funky Friends                | Social program for young women with a disability.   | Wednesdays<br>12.15pm – 2pm   | North East Community House | \$5                                 | 8369 0329<br>nenh@tpg.com.au |
| KYD X Frame                  | KYD X Frame in collaboration with Frame Running SA, runs a frame running program for individuals with cerebral palsy and similar mobility limitations. Using specially designed support frames, this program promotes muscle strength, cardiovascular health, and overall well-being while fostering community and inclusion. | Wednesdays<br>4pm – 5pm   | The Lights C&SC            | POA                                 | ben.waechter@kyd-x.org.au    |
| Music in Motion              | Dance/exercise class for people with a limited movement and/or living with a disability.  | Saturdays<br>11am – 12pm  | The Junction CC Inc        | \$5/person<br>(If not a HCO client) | 8341 1334                    |
| One Culture Support Services | A range of different sporting activities for people of all ages with disabilities.  | Mondays<br>Basketball<br>Wednesday<br>Indoor soccer   | The Lights C&SC            | Fees apply<br>POA                   | dpollock@oneculturegroup.org |





## Health & Wellbeing

| Program   | Description   | When   | Where                    | Cost               | Contact                           |
|---|---|--|--------------------------|--------------------|-----------------------------------|
| Falun Dafa Meditation/ Exercises                  | Learn five gentle exercises including meditation that work to improve health and wellbeing.   | Tuesdays<br>7pm – 8.30pm                                     | Enfield CC               | Free               | Sveta<br>0448 488 489             |
| Family Fitness                                    | Easy access fitness class for mums, dads and caregivers.  | Wednesdays<br>9:45am – 10:30am                               | Lefevre CS               | Free               | Hannah<br>0466 573 909            |
| Gentle Yoga With Maria                            | Health, fitness and wellbeing.  | Monday<br>11.30am – 12.30pm<br>Thursdays<br>9.15am – 10.15am | Enfield CC               | \$12               | Maria<br>0411 384 486             |
| GROW SA   | 12-step mental health group.  | Wednesdays<br>7pm – 9pm                                      | Kilburn CC               | Donation           | 0458 224 737                      |
| Guided Relaxation                                 | Create a calm space to manage stress with a range of gentle relaxation techniques.  | Tuesdays<br>1.30pm – 3pm                                     | Taperoo Community Centre | Gold coin donation | 8248 2122                         |
| Healing Circle for Aboriginal Elders (Women Only) | Art/craft/conversation to de-stress at the junction.  | Fridays<br>12.30am – 2.30pm                                  | The Junction CC Inc      | Free               | 8341 1334                         |
| Health Qigong                                     | Pain management classes.  | Call for dates and times                                     | Kilburn CC               | \$10 – \$17        | admin@<br>peprehab.com.au         |
| Healthy Meals on a Budget                         | Learn to grow and cook your own veg and other produce into a variety of simple, healthy and low-cost meals.   | Wednesdays<br>3pm – 4pm                                      | Taperoo Community Centre | \$5                | 8248 2122                         |
| Living Well @ The Lights                          | Living well @ The Lights is a series of free workshops aimed at building wellbeing by creating opportunity to connect, learn, be active, take notice, give back, eat well and sleep well.     | Thursdays<br>9.30am – 11.30am                                | The Lights C&SC          | Free               | thelights@<br>cityofpae.sa.gov.au |
| Living Your Best Life                             | Bring joy back into your life with practical skills that improve and enhance your livelihood.   | Thursdays<br>10am – 12pm                                     | Taperoo Community Centre | Gold coin donation | 8248 2122                         |
| Man Fridays                                       | Free men's social group for men living across the City of PAE. Join us for a BBQ and soft drinks as well as table tennis, darts, card games, footy on the TV and a place to meet up and chat. | Fridays<br>6pm – 8pm   | Lefevre CS               | Free               | 8405 6908                         |

## Health & Wellbeing

| Program                            | Description   | When   | Where                            | Cost  | Contact  |
|------------------------------------|---|--|----------------------------------|---|--|
| Pilates                            | Mat Pilates targets the core stabilising muscles of the body.   | Tuesdays<br>7pm – 8pm<br>Fridays<br>1.30pm                         | Lefevre CS                       | POA   | Marie<br>0415 713 429  |
|                                    | Pilates for healthy ageing – all levels.  | Wednesdays<br>11am – 12pm  | Lefevre CS                       | \$15 block of 5<br>\$18 casual                    | Kristen<br>0418 856 309  |
| Tai Chi                            |   | Thursdays<br>2.15pm – 3.15pm                                       | The Junction<br>CC Inc           | \$5   | 8341 1334  |
|                                    |   | Mondays<br>10am – 11am   | Enfield CC                       | \$7   | 8369 0329  |
|                                    |   | Mondays,<br>Wednesdays &<br>Fridays.<br>Contact for session times. | North East<br>Community<br>House | \$7   | nenh@tpg.com.au<br>8369 0329   |
| Taoist Tai Chi                     | The Taoist Tai Chi internal arts of health are specifically designed to improve holistic health.                              | Saturdays<br>9.30am  | Kilburn CC                       | POA<br>From \$35<br>per month                     | adelaide@<br>taoisttaichi.org<br>or<br>phone 0423776955<br>or 1800108801 |
| Walk The Lights<br>– Walking Group |   | Tuesdays<br>9.30am – 10.30am                                       | The Lights<br>C&SC               | Free  | annette.knevitt@<br>cityofpae.sa.gov.au                                  |
| Walking Group                      | Join us and feel the delight of walking together through the local neighbourhood with a social group followed by morning tea. | Mondays<br>9.30am – 11am   | Wandana CC                       | \$2   | 8215 6330  |
| Walking Netball                    | A modified version of traditional netball, appropriate for any age and fitness level.   | Wednesdays<br>10.30am – 11.30am                                    | The Lights<br>C&SC               | \$8 per<br>person or<br>10 visit pass<br>for \$72 | 8405 6670  |
| Yoga                               |   | Email for sessions<br>times  | North East<br>Community<br>House | POA   | olya.adamyan73@<br>gmail.com   |
| Yoga (Adults)                      | Experience new energy and calmness in mind and body. A non-impact class great for strength, flexibility and relaxation.       | Wednesdays<br>6.30pm – 7.30pm                                      | The Lights<br>C&SC               | \$10  | 8405 6670  |
| Yoga with Unjay                    | No need to book. All levels of experience welcome. Bring a yoga mat.  | Thursdays<br>12.30pm – 1.45pm                                      | Kilburn CC                       | \$6   | 0431 928 663   |



## Kids, Teens & School Holidays

| Program                            | Description  | When                                      | Where                      | Cost              | Contact                                       |
|------------------------------------|--|---|----------------------------|-------------------|---|
| Active Storytime                   | Get school ready with active music and songs, books and stories.<br>Ages 3 – 5.  | Fridays<br>10.30am                        | The Lights<br>C&SC         | Free              | 8405 6670                                     |
| Allegro Rhythmic Gymnastics        | We offer Rhythmic Gymnastics training for girls aged 3 years+<br>Our program accommodates recreational gymnastics as well as training elite, competitive gymnasts.   | Call for information on times             | Lefevre CS                 | POA               | Romana<br>0413 791 001                        |
| Anime Club                         | Ages 15+.  | 3rd Thursday of the month<br>6pm – 7pm    | Enfield Library            | Free              | Tammie<br>8405 6540                           |
| Baby Bounce                        | Baby Bounce sessions support your baby's early learning journey by sharing nursery rhymes, engaging children's songs and age appropriate picture books and stories for their sensory development in a fun, educational and lively way.<br>Ages 0 – 2 years.<br>No bookings required. | Mondays<br>& Wednesdays<br>10.30am – 11am | Greenacres Library         | Free              | 8405 6540                                     |
|                                    |  | Thursdays<br>10.30am – 11am               | Enfield Library            |                   | 8405 6530                                     |
|                                    |  | Fridays<br>10.30am – 11am                 | Parks Library              |                   | 8405 6550                                     |
|                                    |  | Saturdays<br>10.30am – 11am               |                            |                   |   |
|                                    |  | Wednesdays<br>10.30am – 11am              | Port Library               |                   | 8405 6580                                     |
|                                    |  | Fridays<br>10.30am – 11am                 | Semaphore Library          |                   | 8405 6570                                     |
| Children's Art Classes             |  | Saturdays<br>1pm – 4pm                    | North East Community House | Fees apply<br>POA | 8369 0329<br>jeff_tey33@yahoo.com             |
| Children's Birthday Parties        | Bouncy castle, roller skates and sports equipment included.  | Bookings essential                        | Lefevre CS                 | \$80 per hour     | 8405 6908                                     |
| Code Club                          | Discover the basics of coding in a collaborative fun environment.<br>Ages 8 – 15.<br>Bookings essential.   | Tuesdays<br>4pm – 5pm                     | Parks Library              | Free              | 8405 6550                                     |
|                                    |  | Thursdays<br>4pm – 5pm                    | Greenacres Library         |                   | 8405 6540                                     |
|                                    |  | Fridays<br>4pm – 5pm                      | Port Adelaide Library      |                   | 8405 6580                                     |
| Community Circus                   | Aerial and general circus skills including dance, juggling, etc.<br>Ages 3 – 18.   | Tuesdays<br>4pm – 6pm                     | The Junction CC Inc        | \$5               | 8341 1334                                     |
| Cool 4 Kids Soccer Skills Training | For children.<br>Ages 5 – 11.  | Thursdays<br>4.30pm – 5.30pm              | Kilburn CC                 | \$7               | Tony<br>0401 332 176<br>info@cool4kids.com.au |



## Kids, Teens & School Holidays

| Program                     | Description  | When   | Where                      | Cost                                  | Contact                                    |
|-----------------------------|--|--|----------------------------|---------------------------------------|--|
| Creative Kids               | Get crafty, make friends and have fun.<br>Ages 5 – 13 years.   | Fridays<br>3.30pm – 4.30pm                       | Parks Library              | Free                                  | 8405 6560                                  |
| Enfield Playgroup           |  | Mondays<br>9.30am – 11.30am                      | Enfield CC                 | Gold coin donation                    | 8405 6556                                  |
| Family Fun Day              | School Holiday programs<br>Roller skating with Lil' Adelaide Rollers. Skates provided, skaters must wear socks. Face painting, Fun with Cool 4 Kids, creative art with Bugs n Slugs, Bouncy Castle, Mini Golf, free books and giant games. | Contact centre for dates                         | Kilburn CC                 | Free                                  | Christine<br>8405 6730                     |
| Glow Gym – Active Playgroup | With a focus on physical play through structured games, activities and free time.  | Mondays<br>9.30am – 10.30am                      | The Lights C&SC            | Cost \$55 per term or \$7 per session | 8405 6670                                  |
| Hillcrest Guides            | Fun activities and learning life skills.   | Wednesdays<br>4pm – 9pm                          | North East Community House | Fees apply POA                        | jen.coleman@bistre.net                     |
| Junior Volleyball Program   | An introductory program to introduce children to volleyball through fun and engaging activities.<br>Ages 5 – 12.   | Thursdays<br>4.30pm – 5.30pm                     | The Lights C&SC            | Full school term \$60 pro rata        | 8405 6670<br>thelights@cityofpae.sa.gov.au |
| Labs 'n Life                | A re-engagement program for youth at risk.<br>Ages 11 – 17.  | Thursdays<br>9am – 11am                          | George Crawford Hall       | \$864.62 p/term                       | 0417 857 187                               |
| Learn to Skate              | Roller skating.  | Wednesdays<br>4pm – 5pm                          | Lefevre CS                 | \$3.50                                | 8405 6908                                  |
| Lefevre CS Playgroup        | Warm and friendly group of parents and children.   | Mondays & Thursdays<br>9.30am – 11.30am          | Lefevre CS                 | \$4 per family/ per session           | 8405 6908                                  |
| LeFevre Youth Games Night   | Sports, video games and music activities for kids.<br>Ages 5 – 17.   | Last Thursday of every month<br>4pm – 5.30pm     | Lefevre CS                 | Free                                  | 8405 6908                                  |
| Lil' Greenies               | Learn about the environment in a fun hands on way.<br>Ages 5 – 10.   | Mondays<br>During school term<br>3.45pm – 4.45pm | Semaphore Library          | Free                                  | 8405 6570                                  |
| Little Steps Playgroup      | Come learn how to share through play, learn and develop new skills.<br>Ages 5 months – 5 years. (Preschool).<br><br>Registered group with Playgroup SA.  | Tuesdays<br>10am – 12pm<br>During school terms   | Wandana CC                 | \$2                                   | 8215 6330                                  |



## Kids, Teens & School Holidays

| Program                     | Description  | When   | Where                      | Cost                              | Contact  |
|-----------------------------|--|--|----------------------------|-----------------------------------|--|
| Mainly Music                | For preschool children, parents/ carers. Sing, dance and play together.  | Fridays<br>10am – 12pm   | Kilburn CC                 | Free                              | 0403 032 594   |
| Playgroup                   | Have fun doing a range of activities with your child.  | Saturdays<br>9.30am – 11.30am  | The Junction CC Inc        | Free                              | 8341 1334  |
|                             | Play equipment, arts and craft activities and songs.<br>Ages 0 – 5.  | Every Monday & Thursday of the school term<br>9.30 – 11.30am   | Lefevre CS                 | \$4 per family                    | 8405 6908  |
| Playpals                    | Playgroup.   | Mondays<br>10am – 11.30am<br>During school term  | North East Community House | \$2 per family                    | 8369 0329<br>nenh@tpg.com.au                                     |
| Roller Skating Discos       | Free. Beginner and experienced skaters welcome. Jointly hosted with Lil Adelaide Rollers. It's a great night out.<br>Ages 7 – 18.  | 4 Discos per year  | Lefevre CS                 | Free                              | 8405 6908  |
| Roller Skating for Children | Skates are provided.<br>Wear socks and have fun.<br>Registrations required.  | Fridays<br>4.30pm – 5.30pm   | Kilburn CC                 | \$3                               | liladelaiderollers@gmail.com<br>0417 856 349                     |
| Shuttle Smash Badminton     | Introductory badminton program for children.<br>Ages 5 – 10.   | Wednesdays<br>5pm – 6pm  | The Lights C&SC            | Full term \$48<br>pro rata        | Contact the Lights on 8405 6670 or thelights@cityofpae.sa.gov.au |
| SparkBall                   | This is an introductory basketball program for 5 – 10 year olds, providing both boys and girls a safe and enjoyable basketball experience, with a whole lot of fun.  | Saturdays<br>1.30pm – 2.15pm<br>2.30pm – 3.15 pm<br>& 3.30pm – 4.15pm<br>Tuesdays<br>4.30pm – 5.15pm | The Lights C&SC            | Full school term \$60<br>Pro rata | Contact the Lights on 8405 6670 or thelights@cityofpae.sa.gov.au |
| STEM Squad                  | STEM Squad is a weekly afterschool program for children with a passion for Science, Technology, Engineering and Mathematics. Children are encouraged to have fun exploring their interests through design, experimentation and project construction.<br>Ages 9 years+. | Mondays<br>3.30pm – 4.30pm   | Greenacres Library         | Free                              | 8405 6540  |
|                             |  | Thursdays<br>3.30pm – 4.30pm   | Parks Library              |                                   | 8405 6550  |
|                             |  | Tuesdays<br>3.30pm – 4.30pm  | Port Adelaide Library      |                                   | 8405 6580  |

## Kids, Teens & School Holidays

| Program                                       | Description   | When   | Where                 | Cost  | Contact  |
|---|---|--|-----------------------|---|--|
| Storytime                                     | Storytime introduces children and caregivers to a wide variety of children's books for early learning literacy. Come and join in with others to enjoy stories, picture books, songs, nursery rhymes, craft activities and more. No bookings required. Ages 2 – 5. | Sundays<br>10.30am – 11.15am                             | Parks Library         | Free  | 8405 6550  |
|   |   | Mondays<br>10.30am – 11.15am                             | Port Adelaide Library |   | 8405 6580  |
|   |   | Wednesdays<br>10.30am – 11.15am                          | Enfield Library       |   | 8405 6530  |
|   |   | Thursdays<br>10.30am – 11.15am                           | Semaphore Library     |   | 8405 6570  |
|   |   | Fridays<br>10.30am – 11.15am                             | Greenacres Library    |   | 8405 6540  |
| Swahili                                       | Language school for children.   | Fridays<br>4.30pm – 6.30pm                               | Kilburn CC            | \$50 a term per child and \$30 for siblings | 0470655752   |
| Toddler Time                                  | Song, rhymes and activities. 18 months – 3 years.   | Tuesdays<br>10.30am                                      | Greenacres Library    | Free  | 8405 6540  |
|   |   | Thursdays<br>10.30am                                     | Parks Library         | Free  | 8405 6550  |
| Windsor Calisthenics Club                     | Love to dance and perform? Join our fun and friendly club. All ages welcome.  | Please contact us or visit our website to find out more. | George Crawford Hall  | POA   | windsor.calisthenics.club@gmail.com                      |
| Wonder and Wisdom Intergenerational Playgroup | Intergenerational playgroup. Registration is required prior to attending.   | Thursdays<br>10.30am – 12.00pm<br>During school terms    | Enfield CC            | Free  | Rhiannon<br>8273 1324<br>Rhiannon@mealsonwheelssa.org.au |
| Youth Night                                   | Free Youth Night where you can hang out, try new activities, meet new people and get involved in what's happening at the Lights. Ages 12 – 17.  | One Friday a month<br>4.30pm – 6pm                       | The Lights C&SC       | Free  | thelights@cityofpae.sa.gov.au                            |
| Zumba for kids                                | Ages 5 – 12.  | Mondays<br>4pm   | Lefevre CS            | \$7   | 8405 6908  |

## Language Classes

| Program   | Description   | When  | Where                       | Cost   | Contact   |
|---|---|---|-----------------------------|--|---|
| I:1 Literacy for Native English Speakers                | Build your confidence using English and improve your literacy skills. For native English speakers with learning difficulties, anxiety or just needing additional support. One hour each by appointment. | Fridays<br>9.30am – 2.30pm                      | The Junction<br>CC Inc      | \$5  | 8341 1334<br>By appointment                         |
| Adult Literary Classes                                  | Would you like help with your spelling, reading and writing? Small group classes, all levels welcome. Bookings essential – limited spaces.  | Thursdays<br>6pm                                | Port Adelaide<br>Library    | Free   | 8405 6580<br>adult.literacy@<br>cityofpae.sa.gov.au |
| Beginner – intermediate English                         | For adults wishing to develop their English language skills.  | Mondays<br>10am – 12pm                          | The Junction<br>CC Inc      | \$3  | 8241 1334   |
| English Chat Café                                       | Practice everyday English conversations and meet new people over a cup of tea or coffee in a fun and relaxed setting. Suitable for beginners. Drop-in session, no bookings or commitments required.     | Thursdays<br>11am – 12pm<br>During school terms | Parks Library<br>Makerspace | Free   | 8405 6550   |
| English Classes   | Friendly and welcoming group designed to help build confidence and improve English for everyday communication.  | Wednesdays<br>10.30am – 12pm                    | Greenacres<br>Library       | Free   | 8405 6580<br>esl.classes@<br>cityofpae.sa.gov.au    |
|   | English as a second language class for beginners.   | Thursdays<br>2.30pm- 4pm                        | The Lights<br>C&SC          | Free   | Casey<br>Casey@<br>enfieldbaptist.com.au            |
| English Classes – Advanced                              | Friendly and welcoming group designed to help build confidence and improve English for everyday communication.  | Fridays<br>10am – 12pm                          | Enfield CC                  | Free   | Liz<br>8405 6556                                    |
| English Classes – Beginners                             | Friendly and welcoming group designed to help build confidence and improve English for everyday communication.  | Mondays<br>10am – 12pm                          | Enfield CC                  | Free   | Liz<br>8405 6556                                    |
| English classes for Asylum Seekers and Refugee Arrivals | By the Vinnies House of Welcome.  | Wednesdays<br>& Thursdays<br>10am – 12pm        | Kilburn CC                  | Free   | 8340 3053   |
| English Classes for New Arrivals (TAFE)                 | Eligibility criteria applies.   | Call to book                                    | Kilburn CC                  | Free   | 8226 6555   |
| English for the Citizenship test                        | English classes based on the Citizenship test – children welcome.   | Thursdays<br>10.30am – 12pm                     | Kilburn CC                  | Free   | Melvin<br>0403 865 013                              |
| English Language Support Classes                        | By the Vinnies House of Welcome.  | Wednesdays<br>10am – 12pm                       | Kilburn CC                  | Free   | 8340 3053   |
| Swahili   | Language school for children.   | Fridays<br>4.30pm – 6.30pm                      | Kilburn CC                  | \$50 per term<br>per child<br>\$30 for<br>siblings | 0470 655 752  |



## Martial Arts

| Program                          | Description   | When  | Where                      | Cost                                      | Contact   |
|----------------------------------|---|---|----------------------------|---|---|
| Adelaide Kenyukai Kendo Club     | Kendo (Japanese fencing) classes for both children and adults. Trial lessons available by appointment only.   | Tuesday evenings  | Lefevre CS                 | POA                                       | adlkenyukai@gmail.com                             |
| Adelaide Kyokushin Karate Club   | Renowned as the worlds strongest Karate with a strong focus on personal development, physically and mentally. | Tuesdays & Thursdays<br>6pm – 8pm   | Beefacres Hall             | Children \$5<br>Adults \$10               | 0415 509 264                                      |
| GKR Karate                       |   | Mondays<br>6pm – 7pm  | North East Community House | Fees apply<br>POA                         | eddegkr@gmail.com                                 |
| Haidarian Martial Arts Academy   | Dai-Fu Martial Arts classes.  | Mondays,<br>Tuesdays & Thursdays<br>5pm – 9pm   | Kilburn Hall               | Fees apply<br>POA                         | 0449 571 171                                      |
| Judo SA                          | Tournaments held throughout the year. All welcome.  |   | The Lights C&SC            |   | info@judosa.com.au                                |
| Karate School KYU-SHIN-DO        | Advanced self defence for Adults<br>Karate for Kids, Youths.<br>Ages 7 – 17.                                  | Wednesdays<br>Kids / Youth<br>6pm – 7pm<br>Adults<br>7pm – 8.30pm   | Klemzig Hall               | On application                            | Jon Taylor<br>0418 186 774                        |
| Kobushin Martial Arts            | Teaching traditional Okinawa Karate and Kobudo. Separate Classes for both.<br>Beginners Welcome.<br>Ages 12+. | Tuesday nights<br>Isshin-Ryu Karate<br>7pm – 8pm<br>KyuKonKai RyuKyu<br>Kobudo<br>7pm – 8pm   | Ottoway Community Hall     | \$10 per lesson<br>Membership fee applies | Shane<br>0430 216 483                             |
| Maya Karate Academy              | Karate classes for adults and children.   | Mondays<br>5pm – 6pm (Children)<br>Mondays<br>6pm – 7pm (Children)<br>Mondays<br>7pm – 8pm (Adults)<br><br>Wednesdays<br>5pm – 6pm (Children)<br>Wednesdays<br>6pm – 7pm (Children)<br>Wednesdays<br>7pm – 8pm (Adults) | The Lights C&SC            | POA                                       | 0451 318 905                                      |
| MKA Freestyle Karate             | Freestyle Martial Arts and Self Defence for kids and adults.<br>First two lessons free.                       | Mondays<br>6pm – 8pm<br>Wednesdays<br>5pm – 7pm   | Lefevre CS                 | POA                                       | Damien<br>0405 746 195<br>www.facebook/MKAOSborne |
| Vali Karate Academy for Children | SHOTOKAN based style of karate and one of the few clubs in SA with direct lineage to Japan.                   | Mondays<br>5.15pm – 6.15pm<br>Wednesdays<br>5pm – 6pm   | Kilburn CC                 | \$10                                      | 0469 436 813<br>vali_8408@yahoo.com               |



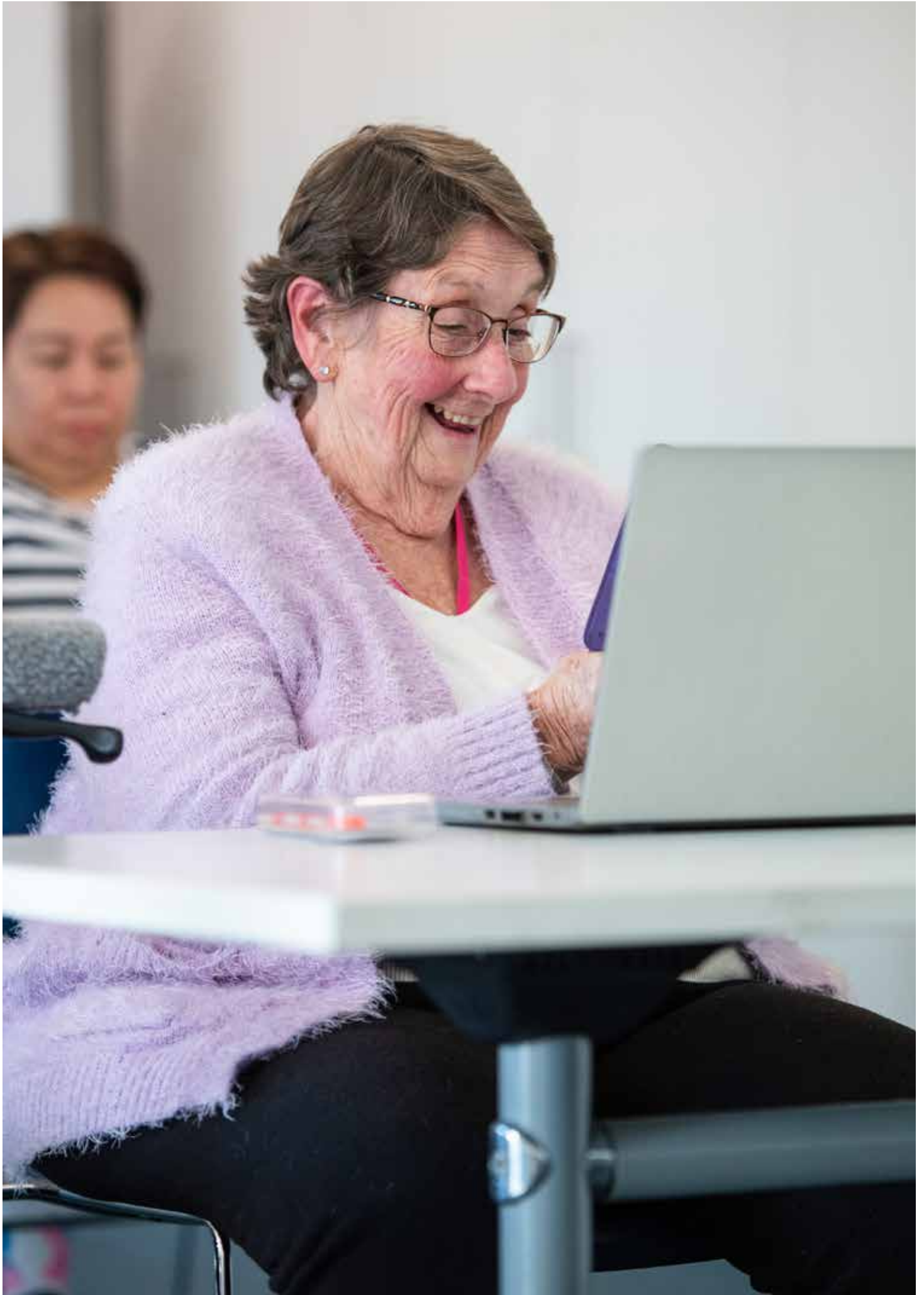
## Performance, Music & Theatre Shows

| Program                             | Description   | When  | Where                    | Cost  | Contact  |
|-------------------------------------|---|---|--------------------------|---|--|
| Adults Aerial & Fitness             |   | Tuesdays<br>5.45pm – 6.45pm   | The Junction<br>CC Inc   | \$5   | 8341 1334  |
| Aerial Specialty                    | By invite only – industry experience required.  | Tuesdays<br>4pm – 5pm   | The Junction<br>CC Inc   | \$5   | 8341 1334  |
| Community Circus                    | General circus skills.<br>All welcome.<br>Ages 5 – 18.  | Tuesdays<br>5pm – 6pm   | The Junction<br>CC Inc   | \$5   | 8341 1334  |
| Hope Theatre Company                | A theatre company which prides itself on bringing joy through developing, producing and providing free or low cost performances to isolated sectors of the community. | Mondays<br>6.30pm – 9.30pm  | Osborne Hall             | \$30 joining fee<br>(Incl company t-shirt)<br>\$20 annual membership fee                | Grace<br>(Secretary)<br>0437 123 841               |
| JCC Karaoke Club                    | No experience required. All ages welcome. Great range of songs to choose from in English or another language.   | Wednesdays<br>1pm – 3pm   | The Junction CC          | \$3   | 8341 1334  |
| Kilburn Karaoke Group               | No booking necessary.<br>Cancelled if temp is over 38°.   | Thursdays<br>1.30pm – 4.30pm  | Kilburn CC               | \$3   | 0490 088 941                                       |
| Klemzig Junior & Enfield Brass Band | The Band is a community based organisation, providing opportunities for people to participate in musical events and learn to play brass instruments.                  | Wednesdays<br>7.30pm – 9.30pm<br>Learners Group<br>Mondays<br>7pm – 8pm | Klemzig Hall             | Free to observe<br>Contact for membership costs   | Secretary<br>0466 963 244                          |
| Mainly Music                        | For preschool children, parents/ carers. Sing, move and dance together. Learn English from the songs and meet other local families.                                   | Fridays<br>10am – 12pm  | Kilburn CC               | Free  | 0403 032 594                                       |
| Performance Group                   | Learn techniques of performance such as theatre, poetry and more, all leading up to a fun performance.  | Wednesdays<br>10am – 12pm   | Taperoo Community Centre | Gold coin donation  | 8248 2122  |
| Saturday Karaoke                    | All ages and cultures welcome. BYO drinks and nibbles.  | 2nd Saturday of the month<br>2pm – 5pm                                  | Kilburn CC               | \$2 per singer  | 0490 088 941                                       |
| Singing Together                    | Sing along to your favourite popular tunes in an enjoyable and inclusive space.   | Tuesdays<br>11am – 12pm   | Taperoo Community Centre | Gold coin donation  | 8248 2122  |
| True North Youth Theatre Ensemble   | True North is a youth led award winning theatre company meeting each week and creating great theatre with the voice of the ensemble at its heart.                     | Thursdays<br>5.30pm – 7.30pm  | Klemzig Hall             | Free for PAE residents<br>\$176 p/term for non PAE residents<br>\$154 p/term concession | 0404 553 563<br>or<br>ajzproductionsinfo@gmail.com |
| Ukulele Jam Session                 | Bring your ukulele for an informal and fun time. Beginners welcome.   | Fridays<br>2pm – 4pm  | Kilburn CC               | Free  | 8405 6730  |



## Religious Groups

| Program                                | Description   | When  | Where                      | Cost   | Contact   |
|--|---|---|----------------------------|--|---|
| Abundance Community Christian Church   | Religious gatherings.   | Sundays<br>9.30am – 12pm                                  | NECH                       | POA  | Miretta<br>mmailo@dodo.com.au   |
| Al Huda                                | Religious gatherings.   | 1st Friday of each month                                  | NECH                       | POA  | Afrah<br>afrah.a78@gmail.com  |
| BAPS                                   | Religious gatherings.   | 1st, 2nd and 3rd Thursday of each month                   | NECH                       | POA  | Dilip<br>dilippatel1408@gmail.com   |
| Church of Christ                       | Congregational service.   | Sundays<br>10am – 12pm                                    | The Junction CC            | Free   | Emmanuel<br>0431 5341 82  |
|  | Bible Studies.  | Mondays<br>6pm – 7pm                                      |                            | Free   |   |
|  | Prayer.   | Thursdays<br>5pm – 6pm                                    |                            | Free   |   |
| Community Lunch Outreach               | Linking people with people. New Dawn Christian Church provides lunch once a month at the centre to fellowship and link people with people. For catering purposes please call Pastor Kevin on the number provided. | First Sunday of the month<br>1pm – 3pm                    | Kilburn CC                 | Free   | 0418 845 572  |
| Devon Park Christian Assembly          | We are Christians gathering unto the Name of the Lord Jesus Christ according to New Testament pattern.<br>Matt 18:20 Acts 2:41 – 42.  | Sundays<br>10am – 12.30pm<br>Second Sunday monthly 5.15pm | Devon Park Hall            | FREE including a Bible and literature plus Gospel wall plaques | Ian 0428 500 951 or Bryan 0434 727 171<br>Please see websites<br><a href="http://www.Christianassemblyadelaide.org">www.Christianassemblyadelaide.org</a><br><a href="http://www.God-is.net">www.God-is.net</a> |
| FADC Ottoway                           | Join the congregation from the Cook Islands.  | Sundays<br>12.30pm – 3.30pm                               | The Junction CC            | Free   | Celia Kapao<br>0420 457 177   |
| Family of God Church                   | Christian religious group where we teach bible values and help meet people's spiritual needs. All welcome.  | Sundays<br>9am – 4pm                                      | Kilburn Hall               | Free   | Deaconess Maria<br>0423 165 256   |
| Hallelujah Song & Prayer Time          | New Dawn Christian Church.  | Tuesdays<br>10am – 11.30am                                | Kilburn CC                 | Free   | Pastor Kevin<br>0418 845 572  |
| Islamic Association of South Australia | Religious gathering.  | Fridays<br>12.45pm – 2.30pm                               | NECH                       | POA  | Imran<br>iasamah17@gmail.com  |
| Klisa – Persian Church                 | In Farsi.   | Sundays<br>4.30pm   | Kilburn CC                 | Free   | 0450 539 038  |
| Lightsview Community Church            |   | Sundays<br>4.30pm – 6pm                                   | The Lights C&SC            |  | Trevor 0434 366 788<br>trevor.schiller52@bigpond.com.au   |
| Macedonian Orthodox Church Community   | Dinner and free activities.   | Monthly on Sundays<br>12pm – 4pm                          | Queenstown Hall            | Free   | Jasminka Sumracka<br>0430 044 917   |
| New Dawn Christian Church Service      | Pentecostal.  | Sundays<br>10am – 1pm                                     | Kilburn CC                 | Free   | Pastor Kevin<br>0418 845 572  |
| Samoan AOG Christian Church            |   | Sundays<br>9am – 2pm                                      | Kilburn CC                 | Free   | May<br>0452 430 081   |
| Satsang Oceania                        | Teachings of Gury Sree Sree Thakur Anukulchandra.   | 3rd Sunday of each month                                  | North East Community House | POA  | Biplob<br>biplobkr_bal@yahoo.com  |



## Seniors

| Program  | Description  | When   | Where                | Cost   | Contact                            |
|--|--|--|----------------------|--|------------------------------------|
| ARPA Retire Active SA – Klemzig District Group | Socialise with cards, boardgames 8–ball, chair exercises, Tai Chi, line dancing and special lunches.                                 | Wednesdays<br>9am – 2.30pm                       | Klemzig Hall         | Membership yearly fee is \$53 p/a +\$4 weekly entry fee<br>First three visits being free | John<br>0405 208 891               |
| Century Dancing Group                          | A gathering for Chinese ladies, talking and dancing. Enhancing health and quality of living.   | Tuesdays fortnightly<br>1.30pm – 4.30pm          | George Crawford Hall | Free   | Erica<br>0410 622 518              |
| Chair Based Exercise Program                   | An inclusive fitness session that anyone can do of any age and fitness level. All exercises are completed sitting in a chair.        | Fridays<br>9.30am – 10.30am                      | Lefevre CS           | \$5  | 8405 6908                          |
| Clearview Senior Citizens Club                 | Activities, bowls, cards, outings, dining out, for Seniors over 50 years old.  | Tuesdays<br>12pm – 3pm                           | Enfield CC           | First visit free<br>Annual m/ship \$15 plus \$3 each attendance                          | Alison<br>0404 362 641             |
| Friendship Group for Seniors                   | Board games and cards.   | Tuesdays<br>10am – 2pm                           | Kilburn CC           | Free   | 8344 8271                          |
| Golden Oldies Fitness Classes                  | Gentle chair based exercise for the over 60s.  | Mondays<br>1pm – 2pm                             | The Junction CC Inc  | \$5  | 8341 1334                          |
| Hillcrest Senior Citizens                      | Social gathering for people. Ages 50+.   | Thursdays<br>12.30pm – 4pm                       | NECH                 | POA  | johnhawkeye@hotmail.com.au         |
| National Seniors Australia                     | An opportunity to attend meetings and make new friends, enjoy guest speakers and great social outings.                               | 3rd Tuesday of each month<br>10am – 12pm         | Klemzig Hall         | \$5<br>(Inc. morning tea and raffle)   | David<br>0419 665 541              |
| Osborne Games Club                             | Open to residents of PAE who looking for connection to the community and sharing a passion for board, card and dice games. Ages 50+. | Mondays<br>9.30am – 11.30am                      | Osborne House        | \$5 / visit  | Community Services<br>8405 6804    |
| Osborne Over 50s – Mature Movers               | Exercise class with a volunteer leader. Work at your own ability.  | Wednesdays & Fridays<br>9.30am – 10.30am         | Osborne Hall         | \$5  | David 8248 0076<br>or 0422 909 219 |
| Osborne Over 50s Club                          | Indoor bowls, pool, Rummykub tile games, Mahjong/cards, free raffle and afternoon tea or coffee.                                     | Monday, Wednesday & Saturday<br>12.45pm – 3.15pm | Osborne Hall         | \$2  | David 8248 0076<br>0422 909 219    |
| Osborne Over 50s Club – Bingo                  | Doors open at 6pm, eyes down 7.30pm – 10pm.<br>Good prize money and facilities.  | Fridays<br>6pm – 10pm                            | Osborne Hall         | Free to attend, call for cost of books   | David<br>8248 0076<br>0422 909 219 |
| Osborne Over 50s Club – New Vogue Dancing      | Good music and good friends. Includes free raffle ticket and afternoon tea or coffee.  | Tuesdays<br>1.30pm – 4pm                         | Osborne Hall         | \$2  | David 8248 0076<br>or 0422 909 219 |



## Seniors

| Program                             | Description  | When   | Where                       | Cost                                    | Contact               |
|-------------------------------------|--|--|-----------------------------|---|-----------------------|
| PAE Social Outings                  | Weekend Outings running monthly to selected locations inside and outside of the Port Adelaide Enfield area. Midweek lunch, special interest outings and shopping vans also run throughout the month to a variety of locations.<br>A My Aged Care referral is required to attend. | Weekends – once per month.<br><br>Weekdays – selected days and locations   | PAE Council area and beyond | Starting from \$6 depending on activity | 8405 6804             |
| Queenstown Citizens Club Inc.       | Bingo, bus trips, BBQs and more. All welcome. Come and have fun.   | Mondays & Wednesdays<br>9am – 1.30pm   | Queenstown Hall             | Gold coin donation/dependent on program | Kay<br>0448 090 777   |
| Retire Active, SA Tapliners         | Seniors tap dancing troupe.  | Wednesdays<br>11.30am – 3.00pm   | Enfield CC                  | \$50 p/school term or \$5 p/w           | 0429 003 691          |
|                                     | Beginners tap.   | Wednesdays<br>11am – 12pm  |                             |   |                       |
| Social Support Program              | The program provides social opportunities for older people in our community. My Aged Care referral is required to attend. Eligibility requirements exist for the program.  | Mondays & Wednesdays   | Kilburn CC                  | \$10                                    | 8405 6804             |
| Strength Classes for People 50+     | Bookings essential.  | Thursdays & Saturdays  | Kilburn CC                  | Fees Apply                              | admin@peprehab.com.au |
| Strength For Life – ECC             | A low cost strength and fitness training program for Over 50s, aimed to improve your overall strength, fitness and quality of life.  | Tuesdays<br>9.45am – 10.45am<br>Fridays<br>10am – 11am   | Enfield CC                  | \$8 or six sessions for \$40            | 8405 6556             |
| Strength For Life – Lefevre C&SC    | A low cost strength and fitness training program for Over 50s, aimed to improve your overall strength, fitness and quality of life.  | Mondays 8.30am, 9.30am & 10.30am<br>Tuesdays<br>11.30am – 12.30pm<br>Wednesdays<br>9.30am – 10.30am<br>Thursdays<br>11.45am – 12.45pm<br>Fridays<br>8.30am – 9.30am                        | Lefevre CS                  | \$7                                     | 8405 6908             |
| Strength For Life – The Lights C&SC | A low cost strength and fitness training program for Over 50s, aimed to improve your overall strength, fitness and quality of life.  | Mondays<br>8.30am – 9.30am, 9.30am – 10.30am & 10.30am – 11.30am<br>Wednesdays<br>8.30am – 9.30am, 9.30am – 10.30am & 10.30am – 11.30am<br>Fridays<br>9.30am – 10.30am & 10.30am – 11.30am | The Lights C&SC             | \$8 or 10 x visit pass for \$72         | 8405 6670             |

## Seniors

| Program                                     | Description   | When  | Where                    | Cost                             | Contact  |
|---|---|---|--------------------------|----------------------------------|--|
| University of the Third Age – Inner North   | Offers classes on a wide range of topics including arts, crafts, hobbies, dancing, history, languages, film, music, movies and many more. Classes are run during school term. | Contact for schedules                                 | Enfield CC               | Full membership is \$45 per year | u3ainnernorth.org.au<br>0410 434 048                     |
| Women's Over 50s Friendship Group           | Join a group of friendly women to share in a variety of enjoyable activities and outings planned by the group.  | Thursdays<br>1.30pm – 3.30pm                          | Taperoo Community Centre | \$5                              | 8248 2122  |
| Wonder & Wisdom Intergenerational Playgroup | Intergenerational playgroup. Registration is required prior to attending.   | Thursdays<br>10.30am – 12.00pm<br>During school terms | Enfield CC               | Free                             | Rhiannon<br>Rhiannon@mealsonwheelssa.org.au<br>8273 1324 |



## Sports & Fitness

| Program                       | Description   | When  | Where           | Cost             | Contact                     |
|-------------------------------|---|---|-----------------|------------------|-----------------------------|
| Adelaide Masters Cycling Club | Cycling group which has a social friendly environment.  | Sundays throughout the year                                       | Lefevre CS      | POA              | 8405 6908                   |
| Adelaide Roller Derby         | Aims to develop people who are committed and passionate about the sport of women's flat track roller derby, on- and off-skates. Safety, athleticism and teamwork are highly regarded values. New skating member intake once per year (August–Nov), non-skating officials at any time. | Email for more information  | The Lights C&SC | POA              | info@adelaidrollerderby.com |
| ASC Indoor Soccer             | Fast paced games. Cost dependant on numbers.  | Thursdays 5pm – 6pm   | Lefevre CS      | \$4 – \$8        | 8405 6908                   |
| Casual Sports Visits          | Use our fantastic facilities such as Basketball, Netball, Soccer, Volleyball, Badminton, Roller Skating, general fitness, plus many more.   | Call for available times  | Lefevre CS      | \$5.50           | 8405 6908                   |
| Central Ghan Volleyball Club  |   | Training Saturdays from 6pm<br>Social competition Sunday evenings | The Lights C&SC | POA              | centralghan@gmail.com       |
| Chair Based Exercise Program  | An inclusive fitness session that anyone of any age and fitness level can do. All exercises are completed sitting in a chair. Ages 65+ receive a discount.  | Fridays 9.30am – 10.30am  | Lefevre CS      | \$5              | 8405 6908                   |
| Fencing SA                    | Tournaments held throughout the year.<br>All welcome.   |   | The Lights C&SC |                  | secretary@fencingsa.org.au  |
| Floorball SA                  | Friendly recreational floorball (indoor hockey) for all skill levels, experience and genders. Equipment provided.   | Thursdays 4.45pm – 6.15pm   | Lefevre CS      | 1st session free | 0481 084 235                |
| Gentle Yoga with Maria        | Health, fitness and wellbeing.  | Thursdays 9.15am – 10.15am  | Enfield CC      | \$12             | Maria 0411 384 486          |
| Internal training class       | Suits all fitness levels. Exercises change each week.   | Wednesdays 8.30am – 9.30am  | Lefevre CS      | \$8              | 8406 6908                   |
| Jaffaria Social Soccer        | Have fun, make friends.   | Sundays 5.30pm – 6.30pm   | Enfield CC      | POA              | 0432 823 136                |
| Kanga Training – Semaphore    | Fitness session for mums and bubs.  | Tuesdays 10am   | Lefevre CS      | \$10             | Kylie 0400 372 204          |
| Lacross SA                    | Summer season only.   | Seniors Wednesday evenings<br>Juniors Saturdays                   | The Lights C&SC | POA              | ilax@lacross.com.au         |
| Lefevre Social Badminton      | We always welcome new members.  | Tuesdays 10am – 12pm  | Lefevre CS      | \$5              | 8449 4573                   |



## Sports & Fitness

| Program                           | Description   | When   | Where               | Cost  | Contact                               |
|-----------------------------------|---|--|---------------------|---|---------------------------------------|
| Light City Derby                  | Adelaide's original adult mixed gender roller derby league. New members welcome.  | Email for more information                               | Lefevre CS          | POA   | admin@lightcityderby.com.au           |
| Lil' Adelaide Rollers             | Roller Derby.   | Fridays<br>6pm – 8.45pm                                  | Kilburn CC          | Membership fees apply                               | liladelaiderollers@gmail.com          |
| Lil' Adelaide Rollers             | Junior Roller Derby.  | Contact for days and times                               | Lefevre CS          | Fees apply  | Samantha<br>0417 856 349              |
| Mixed Netball                     | Social mixed netball provided by SAMMNA– the peak body in South Australia for mens and mixed netball. Get your team in now. | To return in 2024  | The Lights C&SC     | POA   | 8404 6670                             |
| Murder City Roller Girls          | Roller Derby training.  | Mondays<br>7pm – 9pm                                     | Kilburn CC          | Membership fees apply                               | events@mcrollergirls.com.au           |
| Music in Motion                   | A gentle workout suitable for people with a disability or those returning to exercise following an injury.                  | Fridays<br>3.30pm – 4.30pm                               | The Junction CC Inc | Free<br>\$5 (if not an HCO client)                  | 8341 1334                             |
| NABC Future Stars League          |   | Training<br>Tuesdays and Thursdays<br>Games on Saturdays | The Lights C&SC     | POA   | futurestarsleague@outlook.com         |
| North Adelaide Rockets Basketball | District games.   | Monday – Saturday  | The Lights C&SC     | POA   | admin@nabc-rockets.club               |
| Osborne Over 50s - Mature Movers  | Exercise and Pilates class with a volunteer leader. Work at your own ability.   | Wednesdays<br>9.30am – 10.30am                           | Osborne Hall        | \$5   | David 82480076 or<br>0422 909 219     |
| Pickleball                        | A great new sport that's a mix of tennis, badminton and table tennis. First session free.                                   | Mondays<br>12pm – 2pm                                    | Lefevre CS          | \$10 per session for non-members                    | 8405 6908                             |
|                                   |   | Tuesdays<br>8.45am – 10.45am<br>Thursdays<br>10am – 12pm | The Lights C&SC     | Fees apply<br>POA                                   | chairman@pickleballsouthaustralia.org |
| Pilates Flow                      | Workout that combines the fundamentals of Pilates yoga and tai chi.   | Thursdays<br>6.30pm – 7.30pm                             | The Lights C&SC     | \$10  | 8405 6670                             |
| SANFL Wheelchair Football         | Open to anyone who wants to give wheelchair football a go!  | Fridays<br>5.30 – 8.30pm from May to September           | The Lights C&SC     | POA   | nathan.pepper@sanfl.com.au            |
| Senior Fitness Class – Ages 50+   | Fitness program for over 50s. COTA supported Qualified instructor.  | Tuesdays<br>1.30pm – 2.30pm                              | Wandana CC          | \$5<br>\$30 initial assessment<br>Bookings required | 8215 6330                             |

## Sports & Fitness

| Program                          | Description  | When   | Where                      | Cost                                  | Contact  |
|----------------------------------|--|--|----------------------------|---------------------------------------|--|
| Social and Wheelchair Basketball | Powered by Basketball SA, this is a great way to keep fit, develop new or existing skills, engage in teamwork and socialise in an enjoyable environment.   | Tuesdays<br>6pm – 9.30pm   | The Lights C&SC            | POA                                   | 0452 590 075   |
| Social Table Tennis              | All ages and abilities welcome to attend. Lots of laughs to be had.  | Fridays 10.45am  | Lefevre CS                 | \$3                                   | 8405 6908  |
| Strength for Life                | A low-cost strength & fitness program for Over 50's aimed to improve your overall strength, fitness and quality of life.   | Mondays<br>8.30am – 10.30am<br>Tuesdays<br>11.30am – 12.30pm<br>Wednesdays<br>9.30am – 10.30am<br>Thursdays<br>11.45am – 12.45pm<br>Fridays<br>8.30am – 9.30am | Lefevre CS                 | \$7                                   | 8405 6908  |
|                                  |  | Mondays & Wednesdays<br>8.30am – 9.30am<br>9.30am – 10.30am & 10.30am – 11.30am<br>Fridays<br>9.30am – 10.30am & 10.30am – 11.30am"                            | The Lights C&SC            | \$8<br>or visit pass<br>for \$72      | 8405 6670  |
|                                  |  | Tuesdays<br>9.30am – 10.30am<br>Fridays<br>10am – 11am   | Enfield CC                 | \$8<br>or six<br>sessions for<br>\$40 | 8405 6556  |
|                                  |  |  |                            |                                       |  |
| Tai Chi                          | An internal Chinese martial art practices for meditation and health benefits.  | Mondays,<br>Wednesdays<br>& Fridays. Contact<br>for session times  | North East Community House | \$7                                   | 8369 0329<br>nenh@tpg.com.au   |
| Tai Chi                          | Gentle exercise class using martial art techniques to improve energy flow.   | Thursdays<br>2.15pm – 3.15pm   | The Junction CC Inc        | \$5                                   | 8341 1334  |
|                                  |  | Sundays<br>10.30am – 11.30am   | The Lights C&SC            | \$10                                  |  |
| Taoist Tai Chi                   | The Taoist Tai Chi™ internal arts of health are specifically designed to improve holistic health. The significant degree of turning and stretching in each of the movements, combined with the ability of the form to suit individual needs, are just some of the factors that contribute to its focus on restoring, improving and maintaining health. | Saturday mornings.<br>Call for times.  | Kilburn CC                 | \$35 per month                        | taoisttaiichi.org<br><br>or phone<br>0423 776 955 or<br>1800 108 801 |

## Sports & Fitness

| Program                                   | Description  | When  | Where                      | Cost   | Contact  |
|---|--|---|----------------------------|--|--|
| The Lights C&SC – Social Badminton        |  | Tuesdays<br>11am – 2pm<br>Wednesday<br>6.30pm – 9.30pm<br>Friday<br>5pm – 9.30pm<br>Saturday<br>5.30pm – 8.30pm | The Lights C&SC            | \$5.50 for 1.5hr sessions or visit pass for \$45<br>Bookings essential | 8405 6670  |
| The Lights C&SC – Social Mixed Volleyball | Social mixed volleyball competition on Sunday evenings.  | Sunday<br>6pm – 9.30pm  | The Lights C&SC            | POA  | Socialcomps@volleyballsa.com.au<br>www.volleyballsa.com.au/nominations |
| Walking Football                          | Walking Football is a small-sided, low-impact, modified version of the game, suitable for all levels of ability and fitness. | Sundays<br>10am – 12pm  | The Lights C&SC            | Fees apply<br>POA  | Jake.Brindley@footballsa.com.au  |
| Walking Group                             |  | Fridays<br>8.30am – 9.30am  | Lefevre CS                 | Free   | 8405 6908  |
| Women Only Fitness Program                | Bring your children with you.  | Mondays<br>11.45am – 12.30pm  | Kilburn CC                 | Free   | Bonnie<br>0408 277 409   |
| Yoga                                      | No registration needed, just turn up.  | Thursdays<br>1pm – 2pm  | Lefevre CS                 | \$12 – \$17  | Unjay<br>0431 928 663  |
| Yoga                                      | A physical, mental and spiritual practice.   | Email for session times   | North East Community House | Fees apply<br>POA  | olya.adamyan73@gmail.com   |
| Yoga with Unjay                           | No need to book.<br>No experience necessary.<br>All levels welcome.  | Thursdays<br>12.30pm – 1.45pm   | Kilburn CC                 | \$6  | 0431 928 663   |
| Zumba                                     | Zumba is great for body, mind and mood.<br>Perfect for everybody.  | Mondays<br>6.30pm – 7.30pm  | The Lights C&SC            | \$10   | 8405 6670  |
| Zumba                                     | A total workout including cardio, muscle conditioning, balance and flexibility.  | Mondays & Thursdays<br>7pm – 8pm  | The Junction CC Inc        | \$8  | Roger<br>0433 655 639  |
| Zumba for Women                           | Dance, exercise, sweat and have fun.   | Thursdays<br>12pm – 1pm   | The Junction CC Inc        | \$5  | 8341 1334  |



## Support Groups

| Program  | Description  | When   | Where                    | Cost                       | Contact                          |
|--|--|--|--------------------------|----------------------------|----------------------------------|
| Lefevre Parents + Carers Social Support Group  | Connecting families with share, lived experience of difference or disability in an inclusive environment.                            | Saturdays<br>Monthly<br>4pm – 6pm            | Lefevre CS               | Free                       | Tara<br>0431 897 669             |
| Al-Anon  | A support group for families and friends of problem drinkers.  | Tuesdays<br>7pm                              | Kilburn CC               | Donation                   | 8231 2959<br>office@saalanon.org |
| Alcoholics Anonymous (AA) – Kilburn            | An Alcoholics Anonymous support group.   | Tuesdays<br>7.30pm                           | Kilburn CC               | Donation                   | Grant<br>0401 365 330            |
| Centacare Catholic Family Services             | Aboriginal Carers Support Group.   | First Tuesday of each month<br>11am – 2pm    | Enfield CC               | Donation                   | Danica<br>0402 566 452           |
| Families 4 Families                            | A peer support network for people and families impacted by acquired brain injury.  | 1st Friday of each month<br>9.30am – 12.30pm | Queenstown Hall          | Gold coin donation         | Jules<br>0433 388 250            |
|  |  | 3rd Wednesday of the month<br>10am – 12pm    | Enfield CC               |                            |                                  |
| Fred's Van                                     | A meal supplied by St Vincent De Paul Society volunteers. No need to book.   | Thursdays<br>7pm                             | Kilburn CC               | Free                       | 8112 8720                        |
| Friday Night AA Support Group                  | An Alcoholics Anonymous support group.   | Friday<br>7pm – 8.30pm                       | Ottoway Community Hall   | Free                       | 8221 6999<br>(24hr open number)  |
| GROW SA  | 12-step mental health group.   | Wednesdays<br>7pm – 9pm                      | Kilburn CC               | Free                       | 0458 224 737                     |
| Junction Midday Support Group                  | An Alcoholics Anonymous support group.   | Tuesdays<br>11.30am – 2pm                    | Ottoway Community Hall   | Free                       | 0452 365 833                     |
| Men & Family Relationships Counselling Service | Free, individual counselling for men or family relationship issues.  |  | Taperoo Community Centre | Free                       | Kathy<br>8248 2122               |
| Taperoo Alcoholics Anonymous                   | An Alcoholics Anonymous support group.   | Wednesdays<br>7pm- 8.30pm                    | Osborne Hall             | Voluntary contribution     | Sarah<br>0404 899 397            |
| Thursday Night AA Group                        | An Alcoholics Anonymous support group.   | Thursdays<br>7pm – 10pm                      | Ottoway Community Hall   | Free                       | Gus<br>0438 839 550              |
| Vietnamese Veterans Association                | Meetings to discuss various issues.  | Saturdays<br>9am – 12pm                      | The Junction CC Inc      | POA                        | Dang Thao<br>0432 933 957        |
| Vinnies Outreach                               | Book an individual counselling appointment, and watch out for our wellbeing workshops (dates/topics to be advised). All are welcome! | Mondays<br>1pm – 4pm                         | Taperoo Community Centre | Free tea & coffee provided | 8248 2122                        |

## Tech & Science

| Program                                 | Description   | When  | Where   | Cost               | Contact  |
|---|---|---|---|--------------------|--|
| I:1 Digital Literacy                    | Personalise your mobile phone for maximum convenience.<br>1 hr/person by appointment  | Tuesdays<br>12.30pm - 2.30pm<br>Wednesdays<br>12.30pm - 3.30pm                                    | The Junction<br>CC Inc                        | \$5                | 8341 1334  |
| I:1 Personalised Computing/Mobile Phone | 20 minute appointments to make your device do what you want!<br>Bookings essential.   | Tuesdays<br>& Thursdays<br>12.30pm – 2.30pm   | The Junction CC                               | \$3                | 8341 1334  |
| Adelaide Robot Combat                   | Tournaments held throughout the year. All welcome.  |   | The Lights<br>C&SC                            | POA                | a.r.c.@iinet.net.au  |
| Advanced Computing                      | Enjoy using Facebook, Twitter, Skype and more. Use the centre's desktops or BYO laptops.  | Thursdays<br>1pm – 3pm  | The Junction CC                               | \$5                | 8341 1334  |
| Basic Computing                         | An introduction to computing.   | Tuesdays<br>10am – 12pm   | The Junction CC                               | \$5 per class      | 8431 1334  |
| Computer Lessons                        | IT, one-on-one on phones, tablets and laptops.  | Wednesdays<br>9.30am – 4pm by appointment   | NECH  | \$3 per<br>30 mins | 8369 0329<br>nenh@tpg.com.au   |
| Gen Green                               | A climate and environment workshop for children that provides opportunities to learn the current science and technology that is being applied to understand the impacts and changes that are occurring to our planet.<br>Ages 10 – 16.  | Last Saturday of the month<br>10:30am – 11:30am   | Port Adelaide<br>Library<br>Community<br>Room | Free               | Please book an induction online at the Libraries event calendar or call your local City of PAE Library |
| IoT Experimenters (Internet of Things)  | IoT Experimenters is a free and open event for anyone to join, from beginners to advanced. Sessions provide a unique opportunity to get hands-on with IoT technology. Explore, play, tinker and experiment with this ubiquitous technology with friendly patient support.   | 3rd Sunday of the month<br>1pm – 3pm<br>February to November 2024                                 | Parks Library<br>Community<br>Room 2          | Free               |  |
| Makers Advisory                         | Need a room induction, learn to use tools and equipment in the Makerspace or some advice with your next project? Planning to make something and not sure where to start? Contact our subject specialists Robert and David at the Parks Library Makerspace for help on anything you are making, hacking, or repairing. | Free<br>Please book an induction online at the library events page or call your local PAE Library | Parks Library<br>Makerspace                   | Free               | 8405 6659<br><br>makerspace@cityofpae.sa.gov.au  |
| Our Computer Club                       | Learn about and troubleshoot problems with computers, digital devices, computer programs and online safety. Q and A session.  | Tuesday<br>1pm - 4pm<br>During school term  | North East<br>Community<br>House              | POA                | sangeoff@optusnet.com.au   |

## Tech & Science

| Program                  | Description  | When  | Where                          | Cost   | Contact                                     |
|--------------------------|--|---|--------------------------------|--|---|
| Parks Library Makerspace | Anyone with a Library Card can access the Parks Library Makerspace after completing a room induction and agreeing to a code of conduct. You will then be able to access the latest 3D printer and laser cutter technology 6 days a week plus lots of hand tools, power tools, sewing equipment, soldering equipment and materials.   |   | Parks Library Makerspace       | Please book an induction online at the City of PAE Libraries event calendar or call your local Library | 8405 6659<br>makerspace@cityofpae.sa.gov.au |
| Repair Café              | The Repair Café is a free community event where you can get something repaired or even learn to repair and mend broken or damaged items. Save money by reusing or repurposing. Reduce your waste and maybe even gain a skill!  | Monthly 2nd Sunday<br>1pm – 3 pm<br>February to November 2024 | Parks Library Community Room 2 | Free   |   |
| STEM Squad               | STEM Squad is a weekly afterschool program for children with a passion for Science, Technology, Engineering and Mathematics. Children are encouraged to have fun exploring their interests through design, experimentation and project construction using real-world tools and materials.<br>Weekly 3:30pm – 4:30pm<br>Two semesters per year bookings are required.<br>Semester 1, term 1 & 2<br>Semester 2, term 3 & 4<br>Ages 9+. | Mondays   | Greenacres Library             | Please book an induction online at the City of PAE Libraries event calendar or call your local Library |   |
|                          |  | Tuesdays  | Port Adelaide Library          |  |   |
|                          |  | Thursdays   | Parks Library                  |  |   |

## Tutoring & Educational

| Program                                  | Description   | When  | Where                                | Cost | Contact          |
|--|---|---|--------------------------------------|------|------------------|
| I:1 Literacy for Native English Speakers | Build your confidence reading and writing. Course tailored specifically to the individual needs.  | 1hr/person by appointment<br><br>Tuesdays<br>12.30pm - 2.30pm<br>Wednesdays<br>12.30pm - 3.30pm | The Junction<br>CC Inc               | \$5  |                  |
| English Classes – Advanced               | Friendly and welcoming group to help build confidence and improve English for everyday communication.   | Fridays<br>10am – 12pm  | Enfield CC                           | Free | Liz<br>8405 6556 |
| English Classes – Beginners              | Friendly and welcoming group to help build confidence and improve English for everyday communication.   | Mondays<br>10am – 12pm  | Enfield CC                           | Free | Liz<br>8405 6556 |
| Independent Living Skills                | Learn to take the worries out of maintaining your rental property and how to live independently.  | Thursdays<br>2pm - 4pm  | Taperoo<br>Community<br>Centre       | Free | 8248 2122        |
| Parks Repair Café                        | The Repair Café is a free community event where you can get something repaired or even learn to repair and mend broken or damaged items. Save money by reusing or repurposing. Reduce your waste and maybe even gain a skill! | 2nd Sunday of the month<br>1 pm – 3 pm<br>February – November 2024                              | Parks Library<br>Community<br>Room 2 | Free | 8405 6550        |







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8405 6600



[service@cityofpae.sa.gov.au](mailto:service@cityofpae.sa.gov.au)



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